

Older Adult Post Workshop Resources

Ageism Education and Best Practices:

- ▲ <https://www.reframingaging.org/>

Mental Health Screening Tools:

- ▲ <https://screening.mhanational.org/screening-tools/>

Peer Specialists:

- ▲ <https://www.med.upenn.edu/penncollaborative/coaps.html>

Cognitive Assessments:

- ▲ <https://www.alz.org/professionals/health-systems-medical-professionals/clinical-resources/cognitive-assessment-tools>
- ▲ <https://www.aafp.org/family-physician/patient-care/care-resources/cognitive-care/cognitive-evaluation.html>

Reducing Stigma:

- ▲ <https://www.cdc.gov/mental-health/stigma/index.html>
- ▲ <https://www.nami.org/education/9-ways-to-fight-mental-health-stigma/>
- ▲ <https://www.tn.gov/behavioral-health/stigma.html>
- ▲ <https://pmc.ncbi.nlm.nih.gov/articles/PMC8835394/>

Family Caregiving:

- ▲ <https://www.caregiveraction.org/sandwich-generation/>
- ▲ <https://www.caregiver.org/news/sandwich-generation-when-caregiver-seems-be-your-only-role/>
- ▲ <https://mhanational.org/caregiving-and-sandwich-generation>

Rural Mental Health:

- ▲ <https://www.ruralhealthinfo.org/topics/mental-health>
- ▲ <https://www.ruralhealthinfo.org/toolkits/mental-health/1/barriers>
- ▲ <https://mhanational.org/rural-mental-health-crisis>
- ▲ <https://www.samhsa.gov/rural-behavioral-health>
- ▲ <https://www.narmh.org/>

Trauma-Informed Care:

- ▲ https://eldermistreatment.usc.edu/wpcontent/uploads/2023/07/NCEA_TT_PCTICare_web.pdf
- ▲ <https://acl.gov/programs/strengthening-aging-and-disability-networks/advancing-care-holocaust-survivors-older>
- ▲ <https://www.hhs.texas.gov/sites/default/files/documents/doing-business-with-hhs/providers/resources/trauma-inform-care-holocaust-survivor.pdf>